



## ***The Pastoral Centre Counselling & Psychotherapy Service***

Monastery Avenue, Letterkenny, Co. Donegal, F92 HP66

Tel.: 074-9121853 Email: [office@gmail.com](mailto:office@gmail.com)

**Position:** Child and/or adolescent Psychotherapist

**Location:** Raphoe Pastoral Centre, Letterkenny, or Dunfanaghy/ Creeslough outreach offices, co. Donegal

**Organisation:** Raphoe Pastoral Centre

### **Introduction**

This is an exciting opportunity for an accredited, compassionate, and skilled Child and/or Adolescent Psychotherapist to join our expanding clinical team in Letterkenny or our Dunfanaghy/Creeslough outreach office.

The role is focused on supporting young people grappling with increasingly complex emotional, relational, and societal pressures by employing collaborative, age-appropriate, and engaging approaches (including play therapy, art therapy, or other creative modalities). The successful candidate will have practice working with children and/or adolescents who have experienced trauma; they will provide creative interventions to help children and/or adolescents adjust, build resilience, and thrive, while also engaging parents to support meaningful change when appropriate.

Given the sessional/contracted nature of the post, the successful candidate(s) will enjoy a degree of flexibility in terms of the number of hours they wish to dedicate to working within The Pastoral Centre Clinical Team.

### **Person Specification**

#### ***Qualifications***

##### **Essential**

- A recognized qualification at minimum Level 8\* or higher qualification on the NQAI framework in Counselling and/ or Psychotherapy.

- Be a fully accredited Psychotherapist with a professional accrediting body (*IACP, IAHIP, FTAI, APAC, other*) and have completed 50 hours of personal therapy as part of training.
- Experience working therapeutically with clients aged under 18 years old is essential.
- Specialist psychotherapy training and knowledge acquired to postgraduate degree level to work with children and/or adolescents.

## ***Experience***

### **Essential**

- At least two years of post-qualifying experience working with clients up to the age of 18 in private practice or in a specialist psychotherapy service.
- Experience of assessing complex and concerning child and/or adolescents caseloads; managing clinical need and risk together with resource challenges

## ***Skills***

### **Essential**

- Capacity to apply in depth knowledge of child and/or adolescents psychotherapeutic thinking/theory to case presentation focusing on their unique experiences and the challenges they face in today's world.
- Skills for assessing highly complex cases and applying appropriate therapeutic interventions in collaboration with clients.
- Work in accordance with the Counselling Service's Policies, Procedures and Guidelines to ensure consistent delivery of services and compliance with legislation in the following areas: Health and Safety, GDPR and Child Protection etc.
- Share information with the Service Coordinator, Director of Service, and other services as appropriate in accordance with good practice
- Ability to manage own clinical caseload effectively; maintaining accurate, confidential records of practice using Evida, and identifying risk and safeguarding issues as they arise
- Ability to foster good working relationships with psychotherapy team, external agencies, and clinical network for client
- Ability to fulfil obligations as per the Children First Act 2015

- Attend group clinical supervision (organised by Counselling Service) and attend appropriate individual supervision externally as required
- Maintain professional and personal boundaries
- Participate in psychotherapist team meetings, management support meetings (MSMs) and attend other meetings as deemed necessary
- Ability to reflect on practice in order to facilitate personal learning, professional development and service improvement
- Demonstrate great warmth and the ability to empathize
- Strong interpersonal & communication skills
- Ability to work co-operatively as part of a team
- Strong time management skills and capacity to prioritize competing demands

**Other information:**

- This is a sessional contract
- The hourly rate is 50 Euro
- Group clinical supervision provided by the service
- Opportunities for professional development and training
- Flexible working arrangements

**How to Apply:**

- Email [office.tcps@gmail.com](mailto:office.tcps@gmail.com) with CV and cover letter by 31 January 2025
- Informal enquiries can be made to Julie (or Mags) on 0749121853.
- Shortlisting may apply.
- Canvassing will disqualify.
- Raphoe Pastoral Centre is an equal opportunities employer and is committed to fostering a supportive and inclusive workplace.

Join us and make a meaningful difference in the lives of individuals across Co. Donegal.

Yours sincerely,

**Julie Breen**

**Director of Counselling Services**