



The Pastoral Centre Counselling & Psychotherapy Service

Monastery Avenue, Letterkenny, Co. Donegal, F92 HP66

Tel.: 074-9121853 Email: office.tcps@gmail.com

Job Description: Adult Psychotherapist – Raphoe Pastoral Centre Counselling Service, Dunfanaghy/Creeslough

Position: Adult Psychotherapist

Location: Dunfanaghy/Creeslough, Co. Donegal

Organisation: Raphoe Pastoral Centre

Overview

This is an exciting opportunity for an accredited, compassionate and skilled Adult Psychotherapist to join our expanding clinical team in our Dunfanaghy/Creeslough outreach office.

The role involves providing therapeutic support to individuals facing emotional, psychological and relational challenges to co-create pathways for difference and growth with them. The successful candidate will have a proven ability to work with an integrative and/or systemic approach and ensure a person-centred way of working.

Given the sessional/contracted nature of the post, the successful candidate(s) will enjoy a degree of flexibility in terms of the number of hours they wish to dedicate to working within The Pastoral Centre Clinical Team.

Person Specification

Qualifications

Essential

- A recognized qualification at minimum Level 8* or higher qualification on the NQAI framework in Counselling and/ or Psychotherapy.

- Be a fully accredited Psychotherapist with a professional accrediting body (*IACP, IAHIP, FTAI, other*) and have completed 50 hours of personal therapy as part of training.
- Experience working therapeutically with adults is essential.

Experience

Essential

- At least two years of post-qualifying experience working with adult clients in private practice or in a specialist psychotherapy service.

Skills

Essential

- Capacity to apply in depth knowledge of psychotherapeutic theory to case presentation focusing on the client's unique experience and social world, while valuing collaboration and difference.
- Experience of working collaboratively with clients to explore their experiences, strengths and challenges in a safe, supportive and non-judgmental environment.
- Skills for assessing highly complex cases and applying appropriate therapeutic interventions in collaboration with clients.
- Work in accordance with the Counselling Service's Policies, Procedures, Practices and Guidelines to ensure consistent delivery of services and compliance with legislation in the following areas: Health and Safety, GDPR, Child Protection etc.
- Share information with the Service Coordinator, Director of Service and other services as appropriate in accordance with good practice.
- Ability to manage own clinical caseload effectively; maintaining accurate, confidential records of practice using Evida, identifying risk and safeguarding issues as they arise.
- Ability to foster good working relationships with psychotherapy team, external agencies and clinical network for client as appropriate.
- Ability to fulfil obligations as per the Children First Act 2015.
- Attend internal group clinical supervision (organised by Counselling Service) and attend appropriate individual supervision externally as required.
- Maintain professional and personal boundaries.

- Participate in psychotherapist team meetings, management support meetings (MSMs) and attend other meetings as deemed necessary.
- Ability to reflect on practice in order to facilitate personal learning, professional development and service improvement.
- Demonstrate great warmth and the ability to empathise.
- Strong interpersonal & communication skills.
- Ability to work co-operatively as part of a team.
- Strong time management skills and capacity to prioritise competing demands.

Other information:

- This is a sessional contract
- The hourly rate is 50 Euro
- Group clinical supervision provided by the service
- Opportunities for professional development and training
- Flexible working arrangements

How to Apply:

- Email office.tcps@gmail.com with CV and cover letter by 22 February 2025
- Informal enquiries can be made to Julie (or Mags) on 0749121853.
- Shortlisting may apply.
- Canvassing will disqualify.
- Raphoe Pastoral Centre is an equal opportunities employer and is committed to fostering a supportive and inclusive workplace.

Join us and make a meaningful difference in the lives of individuals across Co. Donegal.